

## September 2024 Breakfast

No School Labor Day	Strawberry Bagel Bites Fresh Fruit/Juice Chilled Milk	Turkey Sausage Pancake Wrap Fresh/Cupped Fruit Chilled milk	Warm Chocolate Swirl Fresh/Cupped Fruit Chilled Milk	Warm Blueberry Muffin Fresh/Cupped Fruit Chilled Milk
2	3	4	5	6
Warm Biscuit with Butter & Jelly Fresh /Cupped Fruit Chilled Milk 9	Cheese Omelet WW Bread Fresh/Cupped Fruit Chilled Milk 10	Warm Bagel & Cream Cheese Fresh/Cupped Fruit Chilled Milk 11	Mini Pancakes Fresh/Cupped Fruit Chilled Milk 12	Turkey Sausage & Eggs 1/2 English Muffin Fresh/Cupped Fruit Chilled Milk 13
French Toast Sticks Fresh/Cupped Fruit Chilled Milk	Toasted English Muffin with Butter & Jelly Fresh/Cupped Fruit Chilled Milk	Mini Waffles Fresh/Cupped Fruit Chilled Milk	Egg & Cheese Sandwich Fresh/Cupped Fruit Chilled Milk	Warm Chocolate Chip Muffi Fresh/Cupped Fruit Chilled Milk
16	17	18	19	20
Warm Breakfast Square Fresh/Cupped Fruit Chilled Milk	Chicken Waffle Bites Dinner Roll Fresh/Cupped Fruit Chilled Milk	Warm Bagel & Cream Cheese Fresh/Cupped Fruit Chilled Milk	Warm Cinnamon Swirl 4 oz. Juice/Fresh Fruit Chilled Milk	Dutch Waffle Fresh/Cupped Fruit Chilled Milk
23	24	25	26	27
Warm Biscuit with Butter & Jelly Fresh/Cupped Fruit Chilled Milk 30				
lf you have any q	uestions or concerns please co Menu subjec An 8oz milk vhite, 1% white and fat free cho	Lactose allergies must be docum ontact Cindy Yonkers, Food Servic of to change without notice is offered with each meal. colate milk offered at lunch. Fresh tunity provider, employer and lend	ce Director at 518-360-6152. Fruit offered daily.	ssional.



## September 2024 Lunch

No School Labor Day 2	Grilled Cheese Sandwich BBQ Baked Beans Fresh Apple Chilled Milk 3	Turkey Taco Irish Nachos Dinner Roll Fresh Peach Chilled Milk 4	Meatball Sub Garlicky Green Beans Pineapple Tidbits Chilled Milk 5	Crispy Chicken Sandwich Carrotinis Craisins Chilled Milk 6
Cheesy Breadsticks & Sauce Italian Greens & Beans Fresh Apple Chilled Milk 9	BBQ Chicken on a Bun Cooked Carrots Mixed Fruit Chilled Milk 10	Rodeo Burger Cucumber Sticks Fresh Grapes Chilled Milk 11	Chicken Jambalaya & Cornbread Chili Black Beans Diced Peaches Chilled Milk 12	Walking Chicken Tacos Street Corn Salad Fresh Nectarine Chilled Milk 13
Turkey Hot Dog on a Bun Potato Smiles Fresh Plum Chilled Milk 16	Turkey Ham & Cheese Croissant Veggie Baked Beans Blueberries Chilled Milk 17	Popcorn Chicken Wrap Cole Slaw Diced Peaches Chilled Milk 18	Homemade Veggie Pizza Italian Chopped Salad Diced Pears Chilled Milk 19	Chicken Nuggets Cherry Tomatoes Craisins Chilled Milk 20
Mozzarella Sticks & Sauce Steamed Spinach Fresh Apple Chilled Milk 23	Cheesy Salsa Chicken With Cornbread Pinto Beans Mandarin Oranges Chilled Milk 24	Chicken & Stuffing / Gravy Seasoned Sweet Potatoes Applesauce Cup Chilled Milk 25	Egg & Cheese Sandwich Au Gratin Potatoes Fresh Peach Chilled Milk 26	Homemade Cheese Pizza Celery Sticks Mixed Fruit Chilled Milk 27
Chicken Corn Dog BBQ Baked Beans Fresh Apple Chilled Milk 30				

Menu subject to change without notice Chef Salad offered daily. A cold alternate entrée is offered on full school days. An 8 oz. fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily. USDA is an equal opportunity provider, employer and lender.





## September 2024 Snack

No School Labor Day	Cheezits 6 oz. Juice	Chocolate Chip Oatmeal Bar String Cheese Stick	Sunbutter Cup & Celery Sticks 6 oz. Juice	No Snack Half Day
2	3	4	5	6
Pop Tart 6 oz. Juice	Sunchips Fresh Pear	Scooby Snacks 6 oz. juice	Cowboy Caviar Tostitos Scoops	No Snack Half Day
9	10	11	12	13
Strawberry Cereal Bar 6 oz. Juice	Cheddar Bunnies String Cheese Stick	Giant Goldfish Fresh Pear	2 oz. Chocolate Muffin 6 oz. Juice	No Snack Half Day
16	17	18	19	20
Chocolate Chip Oatmeal Bar 6 oz. Juice	Cheetos Fresh Apple	Tostitos Scoops Salsa Cup	Tiger Bites Cheese Stick	No Snack Half Day
23	24	25	26	27
Cinnamon Toast Crunch Cereal Bar 6 oz. Juice 30				
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