

September 2024 Breakfast

No School Labor Day 2	Soft Breakfast Square Fresh Fruit/Juice Chilled Milk 3	Mini Waffles Fresh/Cupped Fruit Chilled Milk 4	Warm Cinni Minis Fresh/Cupped Fruit Chilled Milk 5	Warm Bagel & Cream Cheese Fresh/Cupped Fruit Chilled Milk 6
Turkey Sausage Pancake Wrap Fresh/Cupped Fruit Chilled Milk 9	French Toast Sticks Fresh/Cupped Fruit Chilled Milk 10	Warm Biscuit w/ Jelly & Butter Fresh/Cupped Fruit Chilled Milk 11	Dutch Waffle Fresh/Cupped Fruit Chilled Milk 12	Warm 4 oz. Blueberry Muffin Fresh/Cupped Fruit Chilled Milk 13
Warm Breakfast Square Fresh/Cupped Fruit Chilled Milk 16	Mini Pancakes Fresh/Cupped Fruit Chilled Milk 17	Egg & Cheese Sandwich Fresh/Cupped Fruit Chilled Milk 18	Warm Cinnamon Swirl Fresh/Cupped Fruit Chilled Milk 19	Warm Bagel w/ Butter & Jelly Fresh/Cupped Fruit Chilled Milk 20
Three Cheese Egg Bites Fresh/Cupped Fruit Chilled Milk 23	Mini Waffles Fresh/Cupped Fruit Chilled Milk 24	Toasted English Muffin with Butter & Jelly Fresh/Cupped Fruit Chilled Milk 25	Dutch Waffle Fresh/Cupped Fruit Chilled Milk 26	Warm Chocolate Chip Muffin Fresh/Cupped Fruit Chilled Milk 27
Turkey Sausage Pancake Wrap Fresh/Cupped Fruit Chilled Milk 30				
If you have any que	estions or concerns please co Menu subje An 8oz milk ite, 1% white and fat free cho	. Lactose allergies must be docum ontact Cindy Yonkers, Food Servic ct to change without notice is offered with each meal. ocolate milk offered at lunch. Fresh tunity provider, employer and lend	e Director at 518-360-6152. Fruit offered daily.	sional.



September 2024 Lunch

No School Labor Day 2	Chicken Corn Dog Veggie Baked Beans Fresh Apple Chilled Milk 3	Cheese Calzone Steamed Spinach Diced Pears Chilled Milk 4	General Tso's Chicken Asian Stir Fry Vegetables Pineapple Tidbits Chilled Millk 5	Homemade Cheese Pizza Yummy Corn Craisins Chilled milk 6
Mozzarella Sticks & Sauce Garlicky Green Beans Fresh Apple Chilled Milk 9	BBQ Chicken on a Bun Potato Smiles Banana Chilled Milk 10	Cheesy Salsa Chicken & Rice Pinto Beans Mixed Fruit Chilled Milk 11	Egg & Cheese Sandwich Cooked Carrots Fresh Grapes Chilled Milk 12	Chicken Nuggets Italian Chopped Salad Applesauce Cup Chilled milk 13
Turkey Hot Dog on a Bun BBQ Baked Beans Mixed Fruit Chilled Milk 16	Chicken Jambalaya With Cornbread Street Corn Salad Fresh Plum Chilled Milk 17	Meatball Sub Italian Greens & Beans Diced Pears Chilled Milk 18	Chicken with Stuffing & Gravy Butternut Squash Applesauce Cup Chilled Milk 19	Homemade Cheese Pizza Celery Sticks Craisins Chilled Milk 20
Cheesy Breadsticks & Sauce Steamed Spinach Fresh Apple Chilled Milk 23	Hard Chicken Tacos Chili Black Beans Diced Pears Chilled Milk 24	Crispy Chicken Sandwich Cheesy Potatoes Banana Chilled Milk 25	Beef Chili & Cornbread Cucumber Sticks Diced Peaches Chilled Milk 26	Chicken Nuggets Cherry Tomatoes Applesauce Cup Chilled Milk 27
Hamburger on a Bun Smoky Collard Greens Mandarin Oranges Chilled Milk 30				
If you have any quest	tions or concerns please cont Cheese San nu subject to change without noti e, 1% white and fat free choco	actose allergies must be docume act Cindy Yonkers, Food Service dwich offered daily. ce An 8oz milk is offered with ea late milk offered at lunch. Fresh F nity provider, employer and lende	ch meal. Fruit offered daily.	Pratis Cranne Datr Vegetable Protein Choose MyPlate .gov



September 2024 Snack

		2 A M	No Consela
Banana	String Cheese Stick	Melon Cup	No Snack Half Day
3	4	5	6
Doritos Fresh Pear	Tostitos Scoops Salsa Cup	Tiger Bites String Cheese Stick	No Snack Half Day
10	11	12	13
Sunchips Fresh Apple	Veggies with Ranch Dip 1/2 Pita	Scooby Snacks Banana	No Snack Half Day
17	18	19	20
Cheetos Fresh Pear	Cowboy Caviar Tostitos Scoops	Graham Crackers String Cheese Stick	No Snack Half Day
24	25	26	27
tions or concerns please co Menu subjec An 8oz milk e, 1% white and fat free cho	ontact Cindy Yonkers, Food Service ct to change without notice is offered with each meal. colate milk offered at lunch. Fresh F	Director at 518-360-6152. ruit offered daily.	al.
	3 Doritos Fresh Pear 10 Sunchips Fresh Apple 17 Cheetos Fresh Pear 24 24 ase notify the school nurse tions or concerns please co Menu subject An 80z milk e, 1% white and fat free cho	Banana String Cheese Stick 3 4 Doritos Tostitos Scoops Fresh Pear Salsa Cup 10 11 Sunchips Veggies with Ranch Dip Fresh Apple 1/2 Pita 17 18 Cheetos Cowboy Caviar Fresh Pear Tostitos Scoops 24 25 ase notify the school nurse. Lactose allergies must be docume tions or concerns please contact Cindy Yonkers, Food Service Menu subject to change without notice An 8oz milk is offered with each meal. e, 1% white and fat free chocolate milk offered at lunch. Fresh F	BananaString Cheese StickMelon Cup345345Doritos Fresh PearTostitos Scoops Salsa CupTiger Bites String Cheese Stick101112101112Sunchips Fresh AppleVeggies with Ranch Dip 1/2 PitaScooby Snacks Banana171819Cheetos Fresh PearCowboy Caviar Tostitos ScoopsGraham Crackers String Cheese Stick242526242526ase notify the school nurse. Lactose allergies must be documented by a health care profession tions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152. Menu subject to change without notice