

September 2024 Breakfast

No School Labor Day	Mini Maple Pancakes Fresh/Cupped Fruit Chilled Milk 3	Cheese Omelet 1/2 English Muffin Fresh/Cupped Fruit Chilled Milk 4	Dutch Waffle Fresh/Cupped Fruit Chilled Milk 5	Warm Blueberry MuffinFresh/ Cupped Fruit Chilled Milk 6
Breakfast Pizza Fresh/Cupped Fruit Chilled Milk 9	Mini Waffles Fresh/Cupped Fruit Chilled Milk 10	Biscuit with Butter & Jelly Fresh/Cupped Fruit Chilled Milk 11	Turkey Sausage & Eggs Dinner Roll Fresh/Cupped Fruit Chilled Milk 12	Bagel with Cream Cheese Fresh/Cupped Fruit Chilled Milk 13
Turkey Sausage Pancake Wrap Fresh/Cupped Fruit Chilled Milk 16	French Toast Bites Fresh/Cupped Fruit Chilled Milk 17	Egg & Cheese Sandwich Fresh/Cupped Fruit Chilled Milk 18	Chocolate Swirls Fresh/Cupped Fruit Chilled Milk 19	Warm Apple Muffin Fresh/Cupped Fruit Chilled Milk 20
Three Cheese Egg BitesFresh/ Cupped Fruit Chilled Milk 23	Toasted English Muffin Fresh/Cupped Fruit Chilled Milk 24	Chicken Waffle Bites/Dinner Roll Fresh/Cupped Fruit Chilled Milk 25	French Toast Sticks Fresh/Cupped Fruit Chilled Milk 26	Strawberry Bagel Bites Fresh/Cupped Fruit Chilled Milk 27
Cinni Minis Fresh/Cupped Fruit Chilled Milk 30				

If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional. If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.

Menu subject to change without notice An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily. USDA is an equal opportunity provider, employer and lender.





September 2024 Lunch

No School Labor Day 2	Cheesy Croissant Collard Greens Fresh Apple Chilled Milk 3	BBQ Chicken on a Bun Veggie Baked Beans Diced Peaches Chilled Milk 4	Hamburger on a Bun Italian Chopped Salad Mixed Fruit Chilled Milk 5	Crispy Chicken Sandwich Carrotinis Craisins Chilled Milk 6
Mozzarella Sticks & Sauce Smoky Collard Greens Fresh Apple Chilled Milk	Cheesy Breadsticks & Sauce Cooked Carrots Diced Peaches Chilled Milk 10	Meatballs & Sauce Whole Wheat Bread Yummy corn Banana Chilled Milk 11	Cheesy Salsa Chicken with Cornbread Pinto Beans Fresh Grapes Chilled Milk 12	Chicken Nuggets Celery Sticks Applesauce Cup Chilled Milk 13
Homemade Cheese Pizza Italian Greens & Beans Fresh Apple Chilled Milk 16	Popcorn Chicken Spiced Cauliflower Watermelon Wedge Chilled Milk 17	Walking Chicken Taco Street Corn salad Fresh Plum Chilled Milk 18	Turkey Hot Dog on a Bun BBQ Baked Beans Mixed Fruit Chilled Milk 19	Crispy Chicken Sandwich Cherry Tomatoes Craisins Chilled Milk 20
Cheesy Breadsticks & Sauce Steamed Broccoli Fresh Apple Chilled Milk 23	Rodeo Burger Butternut Squash Diced Peaches Chilled Milk 24	Chicken Jambalaya with Rice Cajun red Beans Melon Wedge Chilled Milk 25	Turkey Ham & Cheese Croissant Mashed Potatoes Banana Chilled Milk 26	Chicken Nuggets Cucumber Coins Applesauce Cup Chilled Milk 27
Chicken Corn Dog Lemony Green Beans Fresh Apple Chilled Milk 30				

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Chef Salad offered daily. A Cold alternate entrée is offered daily.

8 oz. Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

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September 2024 Snack

No School	Cheezits	Tostitos Scoops	Doritos	No Snack
Labor Day	Fresh Pear	Salsa Cup	Banana	Half Day
2	3	4	5	6
Strawberry Cereal Bar	Tiger Bites	Fresh Veggies & Ranch Dip	Giant Goldfish	No Snack
Cupped Fruit	Fresh Plum	1/2 Pita	Cheese Stick	Half Day
9	10	11	12	13
Pop Tart	Sunchips	Yogurt Cup	Scooby Snacks	No Snack
Cupped Fruit	Cheese Stick	Granola Packet	Banana	Half Dy
16	17	18	19	20
Cereal Bar	Cheetos	Cowboy Caviar	Bunny Grahams	No Snack
Cupped Fruit	Fresh Pear	Tostitos	Cheese Stick	Half Day
23	24	25	26	27
Mini Cornbread Cupped Fruit 30				

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