

## September 2024 Breakfast

No School Labor Day 2	Mini Maple Pancakes Fresh/Cupped Fruit Chilled Milk 3	Oatmeal Breakfast Bar Fresh/Cupped Fruit Chilled Milk 4	Cereal & Graham Crackers Fresh/Cupped Fruit Chilled Milk 5	Chocolate Chip Muffin Fresh/Cupped Fruit Chilled Milk 6
Banana Chocolate Round Fresh/Cupped Fruit Chilled Milk 9	French Toast Sticks Fresh/Cupped Fruit Chilled Milk 10	Strawberry Shortcake Fresh/Cupped Fruit Chilled Milk 11	Cinni Minis Fresh/Cupped Fruit Chilled Milk 12	Warm Bagel & Cream Cheese Fresh/Cupped Fruit Chilled Milk 13
Strawberry Bagel Bites Fresh/Cupped Fruit Chilled Milk 16	Mini Waffles Fresh/Cupped Fruit Chilled Milk 17	Cinnamon Swirl Fresh/Cupped Fruit Chilled Milk 18	Sausage Pancake Wrap Fresh/Cupped Fruit Chilled Milk 19	Warm Blueberry Muffin Fresh/Cupped Fruit Chilled Milk 20
Cinni Minis Fresh/Cupped Fruit Chilled Milk 23	Mini Pancakes Fresh/Cupped Fruit Chilled Milk 24	Warm Biscuit with Butter & Jelly Fresh/Cupped Fruit Chilled Milk 25	Cereal & Graham Crackers Fresh/Cupped Fruit Chilled Milk 26	Warm Bagel & Cream Cheese Fresh/Cupped Fruit Chilled Milk 27
Soft Breakfast Square Fresh/Cupped Fruit Chilled Milk 30				

If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional. If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.

Menu subject to change without notice An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily. USDA is an equal opportunity provider, employer and lender.





## September 2024 Lunch

No School Labor Day 2	Cheesy Breadsticks & Sauce Garlicky Green Beans Fresh Apple Chilled Milk 3	BBQ Chicken on a Bun Smoky Collard Greens Pineapple Tidbits Chilled Milk 4	Meatballs & Sauce Whole Wheat Bread Tuscan Bean Salad Mixed Fruit Chilled Milk 5	Cheeseburger on a Bun Carrotinis Craisins Chilled Milk 6
Mozzarella Sticks & Sauce Italian Greens and Beans Fresh Apple Chilled Milk 9	Chicken Tenders Seasoned Sweet Potatoes Diced Pears Chilled Milk 10	Turkey Hot Dog on a Bun BBQ Baked Beans Mandarin Oranges Chilled Milk 11	Buffalo Chicken Pizza Yummy Corn Banana Chilled Milk 12	Crispy Chicken Sandwich Cucumber Slices Applesauce Cup Chilled Milk 13
Cheesy Croissant Peas & Corn Fresh Apple Chilled Milk 16	Baby Shower Meatballs Whole Whet Bread Ranch Chopped Salad Mixed Fruit Chilled Milk 17	Sausage, Egg and Cheese Sandwich Seasoned Sweet Potatoes Diced Peaches Chilled Milk 18	Chicken Jambalaya Whole Wheat Bread Cajun Red Beans Fresh Plum Chilled Milk 19	Chicken Corn Dog Celery Sticks Craisins Chilled Milk 20
Cheesy Breadsticks Green Beans Fresh Apple Chilled Milk 23	Ranch Chicken Pizza Broccoli Dunkers Diced Peaches Chilled Milk 24	Rodeo Burger Potato Salad Pineapple Tidbits Chilled Milk 25	Buffalo Chicken Sandwich Cowboy Beans Banana Chilled Milk 26	Chicken Nuggets Macaroni Salad Carrotinis Applesauce Cup Chilled Milk 27
Popcorn Chicken Yummy Corn Fresh Apple Chilled Milk 30				

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Chef Salad offered daily. A cold alternate entrée offered daily.

8 oz. fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily. USDA is an equal opportunity provider, employer and lender.





## September 2024 Snack

No School	Cheetos	Yogurt cup	Giant Goldfish	No Snack
Labor Day	String Cheese Stick	Granola	Banana	Half Day
2	3	4	5	6
Strawberry Cereal Bar	Ranch Rice Crisp	2 oz. Banana Muffin	Tiger Bites	No Snack
6 oz. Juice	Fresh Pear	6 oz. Juice	String Cheese Stick	Half Day
9	10	11	12	13
Oatmeal Bar	Cheezits	Doritos	Scooby Snacks	No Snack
6 oz. juice	String Cheese Stick	6 oz. Juice	Banana	Half Day
16	17	18	19	20
Pop Tart	Cheddar Bunnies	Carrotinis & Ranch Dip	2 oz. Apple Muffin	No Snack
6 oz. Juice	Fresh Pear	Tostitos Scoops	String Cheese Stick	Half Day
23	24	25	26	27
Cinnamon Toast Crunch Cereal Bar 6 oz. Juice				

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