



				<p>Superintendents Day No Students</p> <p>1</p>
<p>Breakfast Pizza Fresh/Cupped Fruit Chilled Milk</p> <p>4</p>	<p>French Toast Sticks Fresh/Cupped Fruit Chilled Milk</p> <p>5</p>	<p>Dutch Waffle Fresh/Cupped Fruit Chilled Milk</p> <p>6</p>	<p>Cinni Minis Fresh/Cupped Fruit Chilled Milk</p> <p>7</p>	<p>Bagel with Cream Cheese Fresh/Cupped Fruit Chilled Milk</p> <p>8</p>
<p>No School Veteran's Day</p> <p>11</p>	<p>Mini Waffles Fresh/Cupped Fruit Chilled Milk</p> <p>12</p>	<p>Turkey Sausage Pancake Wrap Fresh/Cupped Fruit Chilled Milk</p> <p>13</p>	<p>Cinnamon Swirls Fresh/Cupped Fruit Chilled Milk</p> <p>14</p>	<p>Warm 3 oz. Corn Muffin Fresh/Cupped Fruit Chilled Milk</p> <p>15</p>
<p>Egg Patty & 1/2 English Muffin Fresh/Cupped Fruit Chilled Milk</p> <p>18</p>	<p>Mini Pancakes Fresh/Cupped Fruit Chilled Milk</p> <p>19</p>	<p>Strawberry Shortcake Fresh/Cupped Fruit Chilled Milk</p> <p>20</p>	<p>French Toast Sticks Fresh/Cupped Fruit Chilled Milk</p> <p>21</p>	<p>Bagel with Cream Cheese Fresh/Cupped Fruit Chilled Milk</p> <p>22</p>
<p>Strawberry Bagel Bite Fresh/Cupped Fruit Chilled Milk</p> <p>25</p>	<p>Cornbread Bites Fresh/Cupped Fruit Chilled Milk</p> <p>26</p>	<p>Thanksgiving Break No School</p> <p>27</p>	<p>Thanksgiving Break No School</p> <p>28</p>	<p>Thanksgiving Break No School</p> <p>29</p>

If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional.

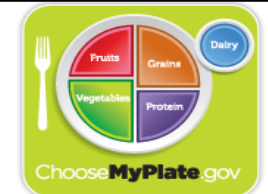
If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.

Menu subject to change without notice

An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

USDA is an equal opportunity provider, employer and lender.



				<p>Superintendents Day No Students</p> <p>1</p>
<p>Mozzarella Sticks & Sauce Crunchy Carrot Sticks Diced Pears Chilled Milk</p> <p>4</p>	<p>Chicken Corn Dog Jerk Potato Wedges Diced Peaches Chilled Milk</p> <p>5</p>	<p>Beef Chili & Cornbread Pinto Beans Banana Chilled Milk</p> <p>6</p>	<p>Turkey Taco Salad with Tostitos Chips Romaine & Salsa Mixed Fruit Chilled Milk</p> <p>7</p>	<p>Chicken Nuggets Cole Slaw Craisins Chilled Milk</p> <p>8</p>
<p>No School Veteran's Day</p> <p>11</p>	<p>Italian Dunkers & Meat Sauce Garlicky Green Beans Fresh Apple Chilled Milk</p> <p>12</p>	<p>Buffalo Chicken Dip with Chips Broccoli Dunkers Blueberries Chilled Milk</p> <p>13</p>	<p>Cheese Pizza Street Corn Salad Mixed Fruit Chilled Milk</p> <p>14</p>	<p>Crispy Chicken Sandwich Cooked Carrots Applesauce Cup Chilled Milk</p> <p>15</p>
<p>Cheesy Croissant Steamed Spinach with Garlic Mixed Fruit Chilled Milk</p> <p>18</p>	<p>BBQ Chicken on a Bun Veggie Baked Beans Diced Peaches Chilled Milk</p> <p>19</p>	<p>Chicken & Waffles Butternut Squash Spiced Pears Chilled Milk</p> <p>20</p>	<p>Baby Shower Meatballs/Roll Yummy Corn Mandarin Oranges Chilled Milk</p> <p>21</p>	<p>Turkey Hot Dog on a Bun Celery Sticks Craisins Chilled Milk</p> <p>22</p>
<p>Popcorn Chicken BBQ Baked Beans Diced Pears Chilled Milk</p> <p>25</p>	<p>Chicken & Stuffing with Gravy Cinnamon Sweet Potatoes Applesauce Cup Chilled Milk</p> <p>26</p>	<p>Thanksgiving Break No School</p> <p>27</p>	<p>Thanksgiving Break No School</p> <p>28</p>	<p>Thanksgiving Break No School</p> <p>29</p>

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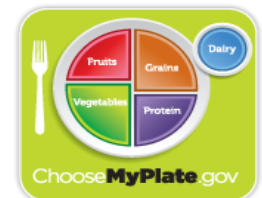
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Chef Salad offered daily. A Cold alternate entrée is offered daily.

8 oz. Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

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				Superintendents Day No Students 1
Strawberry Cereal Bar Fresh Apple 4	Cheezits Fresh Pear 5	Doritos Cheese Stick 6	Giant Goldfish Apple Slices 7	No Snack Half Day 8
No School Veteran's Day 11	Sunchips Cheese Stick 12	Ranch Rice Crisps Fresh Pear 13	No Snack Half Day 14	No Snack Half Dy 15
Cereal Bar Fresh Apple 18	Cheetos Fresh Pear 19	Pop Tart Fresh Orange 20	Bunny Grahams Cheese Stick 21	No Snack Half Day 22
Tiger Bites Fresh Apple 25	Chocolate Oatmeal Bar Dried Tart Cherries 26	Thanksgiving Break No School 27	Thanksgiving Break No School 28	Thanksgiving Break No School 29

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