



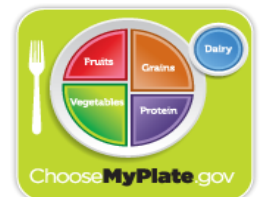
# November 2024 Breakfast

				<p><b>Superintendent's Day</b> No Students</p> <p>1</p>
<p><b>French Toast Bites</b> Fresh/Cupped Fruit Chilled Milk</p> <p>4</p>	<p><b>Mini Waffles</b> Fresh/Cupped Fruit Chilled Milk</p> <p>5</p>	<p><b>Biscuit with Butter &amp; Jelly</b> Fresh/Cupped Fruit Chilled Milk</p> <p>6</p>	<p><b>Egg Patty &amp; 1/2 English Muffin</b> Fresh/Cupped Fruit Chilled Milk</p> <p>7</p>	<p><b>Bagel with Cream Cheese</b> Fresh/Cupped Fruit Chilled Milk</p> <p>8</p>
<p><b>No school</b> <b>Veteran's Day</b></p> <p>11</p>	<p><b>Turkey Sausage</b> <b>Pancake Wrap</b> Fresh/Cupped Fruit Chilled Milk</p> <p>12</p>	<p><b>Strawberry Shortcake</b> Fresh/Cupped Fruit Chilled Milk</p> <p>13</p>	<p><b>Cinnamon Swirls</b> Fresh/Cupped Fruit Chilled Milk</p> <p>14</p>	<p><b>Warm Corn Muffin</b> Fresh/Cupped Fruit Chilled Milk</p> <p>15</p>
<p><b>Bagel with Cream Cheese</b> Fresh/Cupped Fruit Chilled Milk</p> <p>18</p>	<p><b>Toasted English Muffin</b> Fresh/Cupped Fruit Chilled Milk</p> <p>19</p>	<p><b>French Toast Sticks</b> Fresh/Cupped Fruit Chilled Milk</p> <p>20</p>	<p><b>Dutch Waffle</b> Fresh/Cupped Fruit Chilled Milk</p> <p>21</p>	<p><b>Strawberry Bagel Bites</b> Fresh/Cupped Fruit Chilled Milk</p> <p>22</p>
<p><b>Cinni Minis</b> Fresh/Cupped Fruit Chilled Milk</p> <p>25</p>	<p><b>Mini Pancakes</b> Fresh/Cupped Fruit Chilled Milk</p> <p>26</p>	<p><b>Thanksgiving Break</b> No School</p> <p>27</p>	<p><b>Thanksgiving Break</b> No School</p> <p>28</p>	<p><b>Thanksgiving Break</b> No School</p> <p>29</p>

If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional.  
If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.

Menu subject to change without notice  
An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.  
USDA is an equal opportunity provider, employer and lender.





				<b>Superintendent's Day</b> <b>No Students</b>  <b>1</b>
<b>Mozzarella Sticks &amp; Sauce</b> <b>Yummy Corn</b> <b>Mixed Fruit</b> <b>Chilled Milk</b> <b>4</b>	<b>Buffalo Chicken Dip &amp; Chips</b> <b>Italian Chopped Salad</b> <b>Diced Peaches</b> <b>Chilled Milk</b> <b>5</b>	<b>Hamburger on a Bun</b> <b>BBQ Baked Beans</b> <b>Pineapple Tidbits</b> <b>Chilled Milk</b> <b>6</b>	<b>Soft Turkey Tacos</b> <b>Lettuce &amp; Salsa</b> <b>Banana</b> <b>Chilled Milk</b> <b>7</b>	<b>Chicken Nuggets</b> <b>Cherry Tomatoes</b> <b>Craisins</b> <b>Chilled Milk</b> <b>8</b>
<b>No School</b> <b>Veteran's Day</b>  <b>11</b>	<b>Turkey Pepperoni Pizza</b> <b>Steamed Broccoli</b> <b>Fresh Apple</b> <b>Chilled Milk</b> <b>12</b>	<b>Italian Dunkers &amp; Meat Sauce</b> <b>Garlicky Green Beans</b> <b>Diced Peaches</b> <b>Chilled Milk</b> <b>13</b>	<b>Turkey Hot Dog on a Bun</b> <b>Seasoned Potato Wedges</b> <b>Mixed Fruit</b> <b>Chilled Milk</b> <b>14</b>	<b>Crispy Chicken Sandwich</b> <b>Carrotinis</b> <b>Applesauce Cup</b> <b>Chilled Milk</b> <b>15</b>
<b>Baby Shower Meatballs</b> <b>Whole Wheat Bread</b> <b>Smoky Collard Greens</b> <b>Diced Pears</b> <b>Chilled Milk</b> <b>18</b>	<b>Rasta Chicken with Rice</b> <b>Butternut Squash</b> <b>Diced Peaches</b> <b>Chilled Milk</b> <b>19</b>	<b>Cheesy Salsa Chicken/ Biscuit</b> <b>Green Peas</b> <b>Mixed Fruit</b> <b>Chilled Milk</b> <b>20</b>	<b>Beef Chili &amp; Cornbread</b> <b>Cajun Red Beans</b> <b>Banana</b> <b>Chilled Milk</b> <b>21</b>	<b>Chicken Nuggets</b> <b>Celery Sticks</b> <b>Craisins</b> <b>Chilled Milk</b> <b>22</b>
<b>Chicken Corn Dog</b> <b>Lemony Green Beans</b> <b>Diced Peaches</b> <b>Chilled Milk</b> <b>25</b>	<b>Turkey &amp; Gravy/ WW Bread</b> <b>Seasoned Corn</b> <b>Applesauce Cup</b> <b>Chilled Milk</b> <b>26</b>	<b>Thanksgiving Break</b> <b>No School</b>  <b>27</b>	<b>Thanksgiving Break</b> <b>No School</b>  <b>28</b>	<b>Thanksgiving Break</b> <b>No School</b>  <b>29</b>

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Cheese Sandwich offered daily

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An 8 oz. fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

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# November 2024 Snack

				<b>Superintendent's Day</b> <b>No Students</b>  <b>1</b>
<b>Strawberry Cereal Bar</b> <b>Fresh Apple</b> <b>4</b>	<b>Cheezits</b> <b>Fresh Pear</b> <b>5</b>	<b>Blueberry Muffin Top</b> <b>Dried Tart Cherries</b> <b>6</b>	<b>Giant Goldfish</b> <b>Cheese Stick</b> <b>7</b>	<b>No Snack</b> <b>Half Day</b> <b>8</b>
<b>No School</b> <b>Veteran's Day</b> <b>11</b>	<b>Sunchips</b> <b>Cheese Stick</b> <b>12</b>	<b>Chocolate Oatmeal Bar</b> <b>Banana</b> <b>13</b>	<b>No Snack</b> <b>Half Day</b> <b>14</b>	<b>No Snack</b> <b>Half Dy</b> <b>15</b>
<b>Cereal Bar</b> <b>Fresh Apple</b> <b>18</b>	<b>Cheetos</b> <b>Fresh Pear</b> <b>19</b>	<b>Scooby Snacks</b> <b>Craisins</b> <b>20</b>	<b>Bunny Grahams</b> <b>Cheese Stick</b> <b>21</b>	<b>No Snack</b> <b>Half Day</b> <b>22</b>
<b>Tiger Bites</b> <b>Fresh Apple</b> <b>25</b>	<b>Pop Tart</b> <b>Dried Tart Cherries</b> <b>26</b>	<b>Thanksgiving Break</b> <b>No School</b> <b>27</b>	<b>Thanksgiving Break</b> <b>No School</b> <b>28</b>	<b>Thanksgiving Break</b> <b>No School</b> <b>29</b>

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