

				Superintendent's Day No Students 1
Banana Chocolate Round Fresh/Cupped Fruit Chilled Milk 4	Mini Pancakes Fresh/Cupped Fruit Chilled Milk 5	Strawberry Shortcake Fresh/Cupped Fruit Chilled Milk 6	Cinni Minis Fresh/Cupped Fruit Chilled Milk 7	Warm Bagel & Cream Cheese Fresh/Cupped Fruit Chilled Milk 8
No School Veteran's Day 11	French Toast Sticks Fresh/Cupped Fruit Chilled Milk 12	Cinnamon Swirl Fresh/Cupped Fruit Chilled Milk 13	Sausage Pancake Wrap Fresh/Cupped Fruit Chilled Milk 14	Warm Chocolate Chip Muffin Fresh/Cupped Fruit Chilled Milk 15
Cinni Minis Fresh/Cupped Fruit Chilled Milk 18	Mini Pancakes Fresh/Cupped Fruit Chilled Milk 19	Warm Biscuit with Butter & Jelly Fresh/Cupped Fruit Chilled Milk 20	Cheese Omelet/Roll Fresh/Cupped Fruit Chilled Milk 21	Warm Bagel & Cream Cheese Fresh/Cupped Fruit Chilled Milk 22
Soft Breakfast Square Fresh/Cupped Fruit Chilled Milk 25	Mini Waffles Fresh/Cupped Fruit Chilled milk 26	Thanksgiving Break No School 27	Thanksgiving Break No School 29	Thanksgiving Break No School 29

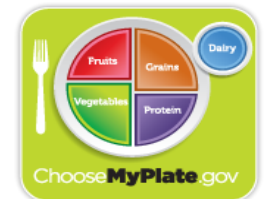
If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional.
 If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.

Menu subject to change without notice

An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

USDA is an equal opportunity provider, employer and lender.



				Superintendent's Day No Students 1
Mozzarella Sticks & Sauce Green Peas Diced Peaches Chilled Milk 4	Ranch Chicken Pizza Steamed Broccoli Diced Pears Chilled Milk 5	Turkey Hot Dog on a Bun BBQ Veggie Beans Mandarin Oranges Chilled Milk 6	Soft Turkey Tacos Lettuce & Salsa Banana Chilled Milk 7	Crispy Chicken Sandwich Cooked Carrots Applesauce Cup Chilled Milk 8
No School Veteran's Day 11	Rasta Chicken & Cornbread Yummy Corn Fresh Apple Chilled Milk 12	Buffalo Chicken Dip & Tostitos Ranch Chopped Salad Diced Peaches Chilled Milk 13	Sloppy Joe on a Bun Veggie Baked Beans Applesauce Cup Chilled Milk 14	Chicken Corn Dog Celery Sticks Craisins Chilled Milk 15
Cheesy Breadsticks Garlicky Green Beans Mixed Fruit Chilled Milk 18	BBQ Chicken on a Bun Jerk Seasoned Potato Wedges Diced Peaches Chilled Milk 19	Baby Shower Meatballs Italian Chopped Salad Pineapple Tidbits Chilled Milk 20	Cheesy Salsa Chicken Pinto Beans Banana Chilled Milk 21	Chicken Nuggets/Roll Moroccan Spiced Carrots Applesauce Cup Chilled Milk 22
Beef Chili & Cornbread Yummy Corn Diced Pears Chilled Milk 25	Chicken & Stuffing with Gravy Cinnamon Sweet Potatoes Fresh Apple Chilled Milk 26	Thanksgiving Break No School 27	Thanksgiving Break No School 28	Thanksgiving Break No School 29

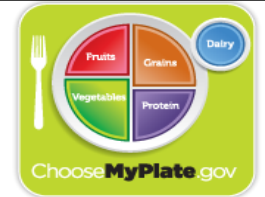
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Menu subject to change without notice

Chef Salad offered daily. A cold alternate entrée offered daily.

8 oz. fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

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				Superintendent's Day No Students 1
Strawberry Cereal Bar Fresh Apple 4	Cheezits Fresh Pear 5	Giant Goldfish Banana 6	Tiger Bites String Cheese Stick 7	No Snack Half Day 8
No School Veteran's Day 11	Sunchips String Cheese Stick 12	Doritos Dried Tart Cherries 13	No Snack Half Day 14	No Snack Half Day 15
Pop Tart Fresh Apple 18	Cheddar Bunnies Fresh Pear 19	Scooby Snacks Banana 20	Chocolate Chip Muffin Top String Cheese Stick 21	No Snack Half Day 22
Cinnamon Toast Crunch Cereal Bar Fresh Apple 25	Chocolate Oatmeal Bar Dried Tart Cherries 26	Thanksgiving Break No School 27	Thanksgiving Break No School 28	Thanksgiving Break No School 29

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