

<b>Strawberry Bagel Bites</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>3</b>	<b>Breakfast Pizza</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>4</b>	<b>Banana Chocolate Oatmeal Round</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>5</b>	<b>Chicken Waffle Bites</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>6</b>	<b>Warm 4 oz. Blueberry Muffin</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>7</b>
<b>Cornbread Poppers</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>10</b>	<b>Warm Cinnamon Swirl</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>11</b>	<b>Warm Bagel &amp; Cream Cheese</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>12</b>	<b>Yogurt and Graham Crackers</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>13</b>	<b>No School for Students Superintendent's Day Professional Development for Staff</b>  <b>14</b>
<b>Strawberry Pop Tart and Graham Crackers</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>17</b>	<b>Mini Waffles</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>18</b>	<b>Turkey Sausage Pancake Wrap</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>19</b>	<b>Egg &amp; Cheese Sandwich</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>20</b>	<b>Chocolate Chip Muffin Top</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>21</b>
<b>Cinni Minis</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>24</b>	<b>French Toast Sticks</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>25</b>	<b>Warm Bagel &amp; Cream Cheese</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>26</b>	<b>Chicken Waffle Bites</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>27</b>	<b>Warm 4 oz. Chocolate Chip Muffin</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>28</b>
<b>Mini Waffles</b> <b>Fresh/Cupped Fruit</b> <b>Chilled Milk</b>  <b>31</b>				

If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional.

If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.

Menu subject to change without notice

An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

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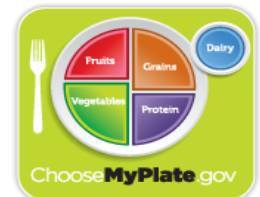


<p><b>Chicken Nuggets</b>  <b>BBQ Baked Beans</b>  <b>Mixed Fruit</b>  <b>Chilled Milk</b>  <b>3</b></p>	<p><b>Turkey Hot Dog on a Bun</b>  <b>Yummy Corn</b>  <b>Fresh Apple</b>  <b>Chilled Milk</b>  <b>4</b></p>	<p><b>Mozzarella Sticks</b>  <b>Italian Greens &amp; Beans</b>  <b>Diced Pears</b>  <b>Chilled Milk</b>  <b>5</b></p>	<p><b>Beef &amp; Bean Burrito</b>  <b>Green Beans</b>  <b>Pineapple Tidbits</b>  <b>Chilled Milk</b>  <b>6</b></p>	<p><b>Grilled Chicken Sandwich</b>  <b>Carrotinis</b>  <b>Applesauce Cup</b>  <b>Chilled Milk</b>  <b>7</b></p>
<p><b>Cheesy Chicken Salsa</b>  <b>With Cornbread</b>  <b>Smoky Collard Greens</b>  <b>Diced Pears</b>  <b>Chilled Milk</b>  <b>10</b></p>	<p><b>Soft Turkey Taco</b>  <b>Shredded Lettuce &amp; Salsa</b>  <b>Fresh Apple</b>  <b>Chilled Milk</b>  <b>11</b></p>	<p><b>Chicken Tenders//Stuffing</b>  <b>Seasoned Sweet Potatoes</b>  <b>Mandarin Oranges</b>  <b>Chilled Milk</b>  <b>12</b></p>	<p><b>Cheesy Croissant</b>  <b>Veggie Baked Beans</b>  <b>Fresh Pear</b>  <b>Chilled Milk</b>  <b>13</b></p>	<p><b>No School for Students</b>  <b>Superintendent's Day</b>  <b>Professional Development</b>  <b>for Staff</b>  <b>14</b></p>
<p><b>BBQ Chicken on a Bun</b>  <b>Mixed Vegetables</b>  <b>Pineapple Tidbits</b>  <b>Chilled Milk</b>  <b>17</b></p>	<p><b>Baby Shower Meatballs/ww Bread</b>  <b>BBQ Baked Beans</b>  <b>Fresh Apple</b>  <b>Chilled Milk</b>  <b>18</b></p>	<p><b>Cheesy Breadsticks &amp; Sauce</b>  <b>Italian Chopped Salad</b>  <b>Fresh Fruit Cup</b>  <b>Chilled Milk</b>  <b>19</b></p>	<p><b>Buffalo Chicken Dip &amp; Chips</b>  <b>Celery Sticks</b>  <b>Mixed Fruit</b>  <b>Chilled Milk</b>  <b>20</b></p>	<p><b>Chicken Corn Dog</b>  <b>Carrotinis</b>  <b>Peach Cup</b>  <b>Chilled Milk</b>  <b>21</b></p>
<p><b>Homemade Cheese Pizza</b>  <b>Garlicky Green Beans</b>  <b>Diced Peaches</b>  <b>Chilled Milk</b>  <b>24</b></p>	<p><b>Crispy Chicken Sandwich</b>  <b>Vegetarian Beans</b>  <b>Fresh Apple</b>  <b>Chilled Milk</b>  <b>25</b></p>	<p><b>Chicken Jambalaya over Rice</b>  <b>Spiced Carrots</b>  <b>Diced Pears</b>  <b>Chilled Milk</b>  <b>26</b></p>	<p><b>Turkey &amp; Gravy/ww Bread</b>  <b>Mashed Potatoes</b>  <b>Mixed Fruit</b>  <b>Chilled Milk</b>  <b>26</b></p>	<p><b>Cheeseburger on a Bun</b>  <b>Carrotinis</b>  <b>Craisins</b>  <b>Chilled Milk</b>  <b>28</b></p>
<p><b>Beef Chili &amp; Cornbread</b>  <b>Kidney Beans</b>  <b>Mandarin Oranges</b>  <b>Chilled Milk</b>  <b>31</b></p>				

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<p>Cereal Bar Fresh Apple</p> <p>3</p>	<p>Scooby Snacks Craisins</p> <p>4</p>	<p>Bunny Friends String Cheese</p> <p>5</p>	<p>Doritos Banana</p> <p>6</p>	<p>No Snack Half Day</p> <p>7</p>
<p>Giant Goldfish Fresh Apple</p> <p>10</p>	<p>Cheezits Craisins</p> <p>11</p>	<p>Applesauce Cup &amp; Dried Cherries- String Cheese</p> <p>12</p>	<p>Tiger Bites Banana</p> <p>13</p>	<p>No School Superintendent's Day Professional Development for Staff</p> <p>14</p>
<p>Smartfood Popcorn Fresh Apple</p> <p>17</p>	<p>Sunchips Craisins</p> <p>18</p>	<p>Tostitos and Salsa String Cheese</p> <p>19</p>	<p>Blueberry Muffin Top Banana</p> <p>20</p>	<p>No Snack Half Day</p> <p>21</p>
<p>Cheetos Fresh Apple</p> <p>24</p>	<p>Doritos Craisins</p> <p>25</p>	<p>Chocolate Chip Oatmeal Bar String Cheese</p> <p>26</p>	<p>Ranch Rice Crisps Banana</p> <p>27</p>	<p>No Snack Half Day</p> <p>28</p>
<p>Blueberry Pop Tart Fresh Apple</p> <p>31</p>				

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